

KAWUNGAN COURIER

Helping Each Other Achieve Excellence

Issue 5 Wednesday, 11th May 2022

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KEEPING IN TOUCH

Happy Mother's Day



I hope all of our Kawungan mothers had a wonderful day on Sunday and were thoroughly spoilt and enjoyed the many gifts that our students lovingly purchased for you through the P&C Mother's Day Stall.

Students of all ages embraced the opportunity to select from a wide range of gifts, the present just right for their mum. A huge thank you to the P&C and all our amazing volunteers for running the stall in such good spirit last Thursday and Friday.

NAPLAN Online



This week and next, students in Years 3 and 5 will be undertaking NAPLAN testing.

NAPLAN is a national test that is run every year for students in Years 3,5,7 & 9. The tests cover reading, writing, language conventions and numeracy.

For the first time at Kawungan, this testing will be done in an online format. The online testing starts with a standard set of questions and then as the students respond, moves to questions that are suited to their ability. The number of tests our students are participating in remains the same as in previous years, however, the testing window is longer to allow for the timetabling complexity of all students having access to a computer for the tests.

NAPLAN is marked centrally and we anticipate that results will be released to schools from August onwards.

Footpath Upgrade

An additional footpath will be installed on Frangipani Avenue. This work has been approved by the Fraser Coast Council for the 2022 / 2023 financial year and should commence later in the year. We look forward to this work commencing.

School Crossings

There are 3 supervised pedestrian crossings in and around Kawungan SS (Grevillia St, Honeysuckle Ave & Oleander Ave). Our crossing supervisors do a great job ensuring children and their families are able to cross the road safely before and after school. Next to these crossings are marked 'No Standing' areas. Please refrain from parking in these areas as it jeopardises the safety of those using the crossings. We appreciate your support of this.



COVID Update

We continue to be very appreciative of the support that we have received from families as together we have faced the COVID pandemic.

A quick reminder that close contacts who do not have COVID symptoms no longer need to quarantine but do need to notify the school that they are a close contact. Queensland Health recommend that students who are close contacts undertake a RAT test on the first day they leave home and every second day (eg. Days 2, 4 and 6) until they are no longer a close contact.

Close contacts who develop COVID symptoms must not attend school until their symptoms resolve.

Fraser Coast Show Holiday

A reminder that the Fraser Coast Show is being held next week from 19th - 20th May. Our show holiday will be next Friday, 20th May. For all those who get to the show, I hope you have a great time!

Mark Jones
PRINCIPAL

P&C NEWS

What a busy few weeks we have had. We hope the start of Term 2 has treated you well.

Tuckshop

Welcome to Tasty Tuesdays! Starting next week, May 17th, we will be offering weekly special deals of a Tuesday. These deals are exclusive to the Qkr! app, so check it out each week to see what's available and place your order. First up, next week, are chicken chippees and cheerios. 😊

All orders each week must be placed before 9am Tuesday.

Don't forget 'Vaalia' yoghurt pouches are now available at the tuckshop in vanilla or strawberry and are \$2 each. These are available to order through the paper bag system or to purchase over the counter.

Our Prep students have now settled in and can order tuckshop. Letting your Prep student's teacher know they have tuckshop that day will be a huge help.

Uniform Shop

The Uniform Shop opening hours for 2022 are:

Wednesday 8:15am-9:15am
and
Friday 2:15pm-3:15pm

Sports shirts have arrived and are now available in all sizes.

FUNDRAISING

Mother's Day: We hope all our beautiful school Mums and special people had a wonderful Mother's Day last Sunday. We are still finalising the money side of things from our stall, but we were delighted to see so many eager and thoughtful students come through the stall to purchase a

special gift. We hope the gifts were enjoyed as much as the children enjoyed selecting them.

Thank you all for supporting this treasured annual event. Congratulations to Pandora, who was the lucky winner of the Mother's Day raffle.

Run4Fun: Our school Run4Fun was another huge success. Not only did we have so many smiling faces giving their running race a red hot go, we collectively raised a whopping \$12,114.14 for our wonderful school! Amazing effort! We thank you all so much for your support and generosity! We couldn't do the wonderful things we do for our school without you! 🙌

Student prizes will be delivered to classes early next week, so keep an eye out for those coming home. To our Fundraising MonSTARS, congratulations and you will be receiving a MonSTAR bag tag, well done!

A big congratulations also to Laylah-Louise, our top fundraiser. Her fundraising total was a staggering \$1,300! Laylah has now gone into the draw to win a JB Hi-fi \$10,000 shopping spree from Australian Fundraising. The prize will be drawn at the end of the year - good luck!



We hope the next fortnight is a great one. Please don't forget to please be in contact (pandc@kawunganss.eq.edu.au) if there's something we can help you with.

Team P&C

MUSIC NEWS

Upcoming Music Dates

Thursday 2nd June

Fanfare Competition – String Orchestra & Senior Concert Band

Term 3

Gympie Eisteddfod – Date to be advised - Senior Choir and Senior Concert Band

Maryborough Eisteddfod

Monday 8th August

Night Time Session – Senior Choir

Tuesday 9th August

Morning Session – Junior Choir

Tuesday 9th August

Afternoon Session– Beginner Strings

Wednesday 10th August

Morning Session – Senior Concert Band & String Orchestra.



psychologist to investigate why you or your child struggles with sleep.

Principal's Awards Term 2 Week 2 "Showing Respect for Others"

SCHOOL NEWS

The Importance of Sleep

We all know how sleep affects our life. Sleep problems in kids don't just drive parents batty, they also affect children's health and development, including academic performance, growth and even immunity. Sleep problems – which can be medical or behavioural – can affect memory, attention, thinking ability and behaviour.

So what is enough sleep?

- Toddlers need 12 to 14 hours sleep daily
- Primary school kids to get 9 to 11 hours of uninterrupted sleep
- Adolescents need about 8 to 10 hours of uninterrupted sleep.

Research suggests without this sleep, children don't function as well. They're more irritable, aggressive, hyperactive, fidgety, and can't concentrate or remember information, compromising learning, and exhibit delayed response time.

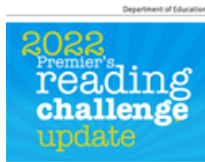
What can we do to establish and maintain healthy sleep patterns

- Give your child an opportunity to have plenty of exercise
- Get into a routine - go to bed around the same time every night and wake up at the same time every morning
- Do relaxing activities such as reading, drawing, listening to quiet music in the hour before bed to help wind down.
- Turn off the television (keep TV out of the bedroom), computer, electronic games and other activities in the hour before bed.

If all else fails see a GP who can refer you/ your child to a medical specialist, sleep physician or

PK	Mikey, Scarlett
PA	Jax, Matilda
PW	Ada, Jake
PN	James, Parker
PG	Maddie, Aalayah
PrepS	Makarra, Aarya
1K	Harrison, Indie
1A	Chloe, James
1W	Andrew, Rylan
1U	Imogen, Malakai
1N	Koda, Molly
1/2M	Kyrie, Paige
2K	Lucy, Brayden
2A	Joey, Inicka
2W	Frankie, Abigail
2U	Indie, Amelia
2N	Adelaide, Kohen
3K	Tahlia, Josephine
3A	Willow, Cooper
3W	Sarah, Chloe
3U	Willow, Olly
3N	Chloe, Nyxn
3G	Briella, Jayden
3/4S	Sierra
4K	Will, Lacey
4A	Lucy, Jaxson
4W	Alexander, Jade
4U	Layla, Reesha
4N	Hayley, Noah
5K	Eden, Robbie
5A	Scarlett, Jessica
5W	Alice, Blaze
5U	Olivia, Emerson
5N	Layton, Bentley
5/6S	Oliver, Aila
6K	Ayva, Tahlia
6A	Natasha, Dawson
6W	Nathan, Tori
6U	Hannah, Ava
6N	Lachlan, Emmalee

LIBRARY NEWS



2022 Premier's reading challenge has begun!!

Please encourage/assist your participating student to write down all books read on their "Record Form".

Forms must be handed in to classroom teachers on completion or by 26th August.

Reading commences - Monday 9th May.

Reading Finishes - Thursday 25th August.

Record forms returned - 9.00am Friday 26th August.

Prep–Year 2 *Read or Experience 20 Books*

Years 3-4 *Read 20 Books*

Years 5-6 *Read 15 Books*

CHAPPY CHAT



Whilst attending our daughter's graduation last week I realised once again of the huge privilege we have in this country of being able to get a tertiary education and give back to society. There are so many careers out there - some of which I've never even heard of - that we can be a part of to make a difference in this world. Can I encourage you, don't ever take your education for granted?



Today I was able to attend the annual GRIP student Leaders conference in Maryborough - although with Sandy Strait State students. Seeing the students work together with other schools is really special. The students displayed exemplary character and did their schools proud.



I trust that all the NAPLAN students enjoy themselves and learn from the experience. I know it's tough for some, but life isn't about getting everything right, but rather giving things a go.

Our lesson this week from the book **Unselfie**.

Chapter 2

Empathetic children have a Moral Identity. If we want empathetic children, we must help them define themselves as people who care about and value others. What we say about our children helps define who they are and the type of people they believe themselves to be. Too much praise can make kids *more* self-centred, *more* competitive, and *more* prone to cut others down. Too little encouragement can erode self-esteem. But the right words can help children see themselves as kind, considerate, caring people and want to act in a way that supports that image. (Wow, how many of us need to change the way we speak to our kids?)

Have an awesome week and look after yourselves.

Chappy M
Miriam Frangikas
School Chaplain

MORE FUN THAN NERF WARS

Amazing Adventures Await...



Helpings Hands Network is bringing the FUN back in 2022 with your chance to WIN!

Secure your permanent Before and After School Care bookings for your chance to win a whole term for FREE!

We're reimagining FUN with enriching, exciting new programs created by children for children. Exciting clubs, activities and incursions await.

The world outside of school may be changing every day, but we will always be here to provide a consistent, high-quality Outside School Hours Care to your school community.

You can count on us.

If you would like to learn more, you can visit our website here. Secure your permanent bookings today!

**WIN
A TERM FOR
FREE!**

*T&Cs Apply

Find us on Facebook

 HelpingHandsNetworkChildCare



What's been happening...

We have been working towards our loose parts trolley for some time now and its finally up and running. This term the children have enjoyed using their imagination to create weird and wonderful things from all our loose parts.

This term we are promoting healthy eating and physical exercise. Each week we will be spending 1 afternoon a week outside exploring the environment around us, playing group games on the oval, and using the playgrounds. We also offer a nutritious Breakfast menu for the children to enjoy each morning, 630am to 730am. The children have also been exploring new food ideas for afternoon tea and have given us some amazing feedback.

