Benefits of Walking and Cycling
Kawungan State School Active Transport Plan student survey results indicate:
• 69% of students travel to school by car, but
• only 23% of students say this is their preferred way to get to school.
• 77% of students would prefer to walk (including using skateboards and scooters), cycle or travel by bus.

Walking and cycling to school encourages children to incorporate physical activity into their day, provides social opportunities (walk with a mate) and develops independence. The best routes to walk and cycle to school are outlined in this brochure.

Walking Routes
There is a lack of concrete footpaths around Kawungan streets so in addition to paths we’ve identified streets that have relatively flat mown grass verges suitable for walking on. The routes are a maximum of 15 minutes walk time to the school gate and direct students to use a school crossing facility.

The map identifies 4 park and stride locations, each about 10 to 15 minutes walk to school. Park and stride locations are streets where parents can drop off their children and let them walk to school or park and walk with their children. Pick up can occur at the same location. This is an ideal way for parents and children to get some daily exercise and to reduce congestion around the school gate.

Don’t forget the correct road crossing procedure is:
STOP, LOOK, LISTEN and THINK.
Cycling to School

Cycling is a fun way to travel to and from school. In Queensland it is legal to ride on footpaths unless otherwise signed. However there are very few footpaths in Kawungan and some cycling on streets is inevitable for the journey to and from school.

The sensory skills of children under 10 years may not be fully developed and it is recommended children under 8 ride only in safe off-road environments, children 8 -10 should only ride on the road with adult supervision. Children over 10 may have the skills to ride unsupervised and parents are advised to:

- Assess their children’s skill level;
- Ensure they have a properly fitted and working bike with brake and bell;
- Have a properly fitted helmet;
- Map out a route to ride. Avoid busy roads and consider routes that involve left turns rather than right turns;
- Decide on the best place to cross busier streets, and;
- Consider riding in a group with other students and parents.

Key Road Rules

- Ride on the left hand side of the road in the same direction as other traffic;
- Ride no more than 2 abreast and preferably in single file on narrow streets and paths;
- If turning right use a hand signal;
- Give way to pedestrians on footpaths, and;
- Dismount and walk across a school crossing.

Cycling Routes

The adjacent map identifies 3 cycle friendly catchment areas where children and parents can use quieter streets to ride to and from school prior to accessing one of the footpaths closer to the school.

More Information on Cycling Road Rules