



# KSS TUCKSHOP – THE LUNCHBOX

Term 1 2023



## RATIONALE

Our tuckshop, The Lunchbox, is the responsibility of the Kawungan State School P&C Association, with all profits used to fund the goals and objectives of the P&C for the improvement of the school and the learning environment of students.

The Lunchbox provides students with a range of healthy and delicious food and drink, and conforms to the Queensland Government's Smart Choices – Healthy Food and Drink Strategy for QLD schools. We pride ourselves on making healthier meals, at an affordable price, for our school community.

The Lunchbox operates 4 days a week and is managed by our convenor and assistant, and run with the help of committed volunteers. We would love to have you on our team. Even one hour any day between 9.00 am and 2.00 pm would be a valuable contribution. Volunteering at the tuckshop is a fabulous way to meet other parents/carers while actively contributing to our school. Students really love to see someone they love behind the counter at tuckshop. Volunteers spending the day with us are also provided with lunch. If you would like to become a tuckshop volunteer, please send us an email at [pandc@kawunganss.eq.edu.au](mailto:pandc@kawunganss.eq.edu.au) or pop in and see our friendly tuckshop team.

## OPENING DAYS & TIMES

- The Lunchbox is open, Tuesday to Friday, from 8:15am.
- Orders need to be placed by 8:50am.
- If you miss this cut off, you can order off our late menu only. The late lunch menu cut off is 10am.

## ORDERING

- Qkr! is the preferred ordering method. Follow these easy steps:

1. Login to or create an account on the Qkr App.
2. Click on the 1<sup>st</sup> Break or 2<sup>nd</sup> Break Lunch Box menu.
3. Select your child & meal date.
4. Select items and pay.
5. Check you have an email confirmation for your child's order.
6. Let your child, or their classroom teacher, know that they have tuckshop.

- Please ensure your student's class details on Qkr! are up to date. We MUST have accurate class information to deliver lunch orders correctly. If this information is incorrect, your child's order will be delayed or they may not receive their order at all.

- The paper bag system is still accepted. Please include the following details (1<sup>st</sup>/2<sup>nd</sup> break, name, class, food/drink items, total cost) on a paper bag and take to the tuckshop before 8:50am.

- Cash and EFTPOS are available.

## ORDERING FOR PREP STUDENTS

- Prep students are not allowed tuckshop until Term 2. We like to give them time to settle into their new school routine.

- Prep students are not allowed to order ice blocks. This is something they can look forward to in Year 1.

## ICE-BLOCKS

- Year 1 – 6 students, only, can purchase over-the-counter snacks and ice blocks at both break times Tuesday to Friday.

- Please send small change in a named wallet. Notes over the value of \$10 will not be accepted.

- Skip the queue and order your ice-blocks on the Qkr! app. If your child has ordered an ice block on Qkr!, they will need to bring back their brown paper bag to the tuckshop at playtime, but get to jump in the 'fast lane' to receive their ice block.

## ABSENCES & REFUNDS

### Absences/Home Early/Sick

- If your child has ordered tuckshop and is away or has gone home early/sick, please let the tuckshop know straight away and/or collect your tuckshop before going home. No refunds or credits will be accepted if the tuckshop has not been promptly informed of your child's absence and/or fresh food has already been prepared.

### Qkr! Refunds

- The cut-off time for orders is 8.50 am - cancellations must be made before then.

- The tuckshop cannot provide refunds or cancel orders via Qkr! – it must be done by you, the account holder.

- To cancel a lunch order, you will need to follow these steps in the Qkr! app: • Go into your 'My Receipts' in the top left menu. • Click on the order you wish to cancel. • Select the red 'cancel' circle/icon. • Check which item or order you'd like to cancel. • Confirm by clicking 'OK'. Qkr! will then credit the amount to your Qkr! account. This amount of credit will be deducted from your next lunch order.

PROUDLY SERVING KSS KIDS ON BUTCHULLA COUNTRY

\*\* Menu items & prices are subject to change pending availability. \*\*



- Save time & order online.  
 - **Qkr! Orders must be placed by 8.50am each day.**  
 - Check Qkr! for current specials.



# MENU - TERM 1 2023

Open Tuesday to Friday from 8:15am



## DIETARY REQUIREMENTS

GF = Gluten Free V = Vegetarian  
 HM = Homemade

For specific dietary questions, please contact the tuckshop.

## EXTRAS

\*Sauce \$0.40  
 (BBQ or tomato)

## BREAKFAST

Available from 8:15 to 8:40 only.

Slinky Apple	\$1.00
Frozen Fruit Slices x 3 (orange or pineapple)	\$1.00
Vaalia Squeezy Yoghurt (strawberry or vanilla)	\$2.00
Two Fruits in Juice	\$2.00
Custard GF	\$2.00
Muffin HM (ham & cheese or chocolate)	\$2.00
Milo (hot or cold)	\$2.00

## EVERYDAY HEALTHY MEALS

3 x chicken crackles* (+ carrot/ cucumber sticks)	\$4.00
3 x chicken nuggets* reg or GF (+ carrot/ cucumber sticks)	\$4.00
Pizza HM (tropical or BBQ)	\$4.00
Fried Rice HM	\$4.50
Spaghetti Bolognese HM	\$4.50
Macaroni Cheese HM	\$4.50
Chicken Tender Wrap (crumbed chicken tender, lettuce, cheese, mayo or sweet chilli sauce)	\$6.00
Salad Box – Salad & Cheese v	\$6.00
Salad Box – Ham or Chicken, & Salad	\$6.50
add boiled egg	\$0.80

## \$8.00 MEAL DEAL

Choose 1 main	½ Ham/Chicken and Salad wrap, or Ham & Cheese Toastie, or Pizza (BBQ or Tropical)
Choose 1 drink	Juice Popper – any flavour, or Milk Popper – any flavour
Choose 1 snack	Vaalia Squeezy Yoghurt, or Custard, or Two Fruits in Juice

## SANDWICHES, TOASTIES & WRAPS

### Fresh Sandwiches

Vegemite or Jam	\$2.50
Egg & Lettuce with Mayo v	\$4.00
Ham & Cheese	\$4.00
Salad v (lettuce, tomato, carrot, cucumber & cheese)	\$5.00
Meat & Salad (ham/chicken + lettuce, tomato, carrot, cucumber & cheese)	\$5.50

### Toasties

Cheese v	\$3.00
Ham & Cheese	\$4.00
Ham, Cheese & Tomato	\$4.50

### Fresh Wraps

Salad v	\$5.50
Ham or Chicken, & Salad	half \$4.50 full \$6.50

### Toasted Flat Breads (Quesadillas)

Ham & Cheese with Sundried Tomato Pesto HM	\$5.00
Chicken & Cheese with Aioli HM	\$5.00

## HEALTHY SNACKS

Boiled Egg	\$0.80
Slinky Apple	\$1.00
Frozen Fruit Slices x 3 (orange or pineapple)	\$1.00
Vegie Sticks (carrot/cucumber)	\$1.00
Popcorn	\$1.00
Rice Crackers & Cheese	\$2.00
Vaalia Squeezy Yoghurt (strawberry or vanilla)	\$2.00
Two Fruits in Juice	\$2.00

## DRINKS

Water 600ml	\$1.50
Plain Milk	\$2.00
Juice Popper	\$2.50
(apple, tropical or apple/blackcurrant)	
Milk Popper	\$2.50
(chocolate, strawberry or vanilla)	

## WEDNESDAY & FRIDAY ONLY OPTIONS

Cheeseburger (meat, cheese & sauce)	\$4.00
Sausage Roll *	\$4.00
Hot Dog *	\$4.00
Hot Dog with Cheese *	\$4.50
Outback Meat Pie *	\$4.50
Hamburger with salad ((meat, salad & sauce)	\$5.00
Chicken Burger (chicken patty, lettuce, cheese & mayo)	\$5.00

## TREATS

Fruity Ice	\$0.50
Mini Calippo	\$1.20
Icy Twist GF	\$1.50
Vanilla Ice-cream Tub GF	\$1.50
Gingerbread Student	\$2.00
Custard GF	\$2.00
Paddle-Pop (chocolate or rainbow)	\$2.00
Frozen Yoghurt (strawberry or mango)	\$2.50
Chocolate Mousse Cup GF	\$2.50
Slushie	\$2.50

## BIRTHDAY BUCKETS \$15

Class set of Zooper Doopers or popcorn and birthday gift (gingerbread student + balloon) delivered to the birthday student's classroom just before break time.

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