

# Kawungan LUNCHBOX

## Kawungan SS Tuckshop - Term 1 2025

### RATIONALE

Our tuckshop, Kawungan Lunchbox, is the responsibility of the Kawungan State School P&C Association, with all profits used to fund the goals and objectives of the P&C for the improvement of the school and the learning environment of students.

Kawungan Lunchbox provides students with a range of healthy and delicious food and drink, and conforms to the Queensland Government's Smart Choices – Healthy Food and Drink Strategy for QLD schools. We pride ourselves on making healthier meals, at an affordable price, for our school community.

With help from committed volunteers, Kawungan Lunchbox operates 4 days a week under the management of our paid tuckshop staff. We would love to have you on our team. Even one hour any day between 8:30am and 3.00pm would be a valuable contribution. Volunteering at the tuckshop is a fabulous way to meet other parents/carers while actively contributing to our school. Students really love to see someone they love behind the counter at tuckshop. If you would like to become a tuckshop volunteer, please send us an email at [pandc@kawunganss.eq.edu.au](mailto:pandc@kawunganss.eq.edu.au) or pop in and see our friendly tuckshop team.

### OPENING DAYS & TIMES

- Kawungan Lunchbox is open, Tuesday to Friday, from 8:15am.

- Orders need to be placed by 8:30am.

- If you miss this cut off, you can order off our late menu only. The late lunch menu cut off is 10am.

### ORDERING

- Qkr! is the preferred ordering method. Follow these easy steps:

1. Login to or create an account on the Qkr! App.
2. Click on the 1<sup>st</sup> Break or 2<sup>nd</sup> Break Lunch Box menu.
3. Select your child & meal date.
4. Select items and pay.
5. Check you have an email confirmation for your child's order.
6. Let your child, or their classroom teacher, know that they have tuckshop.
7. Classroom helpers will collect class orders at each break, and bring the tuckshop box of food back to the teacher for distribution.

- Please ensure your student's class details on Qkr! are up to date. We MUST have accurate class information to deliver lunch orders correctly. If this information is incorrect, your child's order will be delayed or they may not receive their order at all.

- The paper bag system is still accepted. Please include the following details (1<sup>st</sup>/2<sup>nd</sup> break, name, class, food/drink items, total cost) on a paper bag and take to the tuckshop before 8:30am.

- Cash and EFTPOS are available.

### ORDERING FOR PREP STUDENTS

- Prep students are not allowed tuckshop until Week 5 Term 1. We like to give them time to settle into their new school routine.

- Prep students are not allowed to order ice blocks. This is something they can look forward to in Year 1. Birthday Buckets can be ordered though.

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\*\* Menu items & prices are subject to change pending availability. \*\*

### ICE-BLOCKS

- Year 1 – 6 students, only, can purchase over-the-counter snacks and ice blocks at both break times Tuesday to Friday.

- Please send small change in a named wallet. Notes over the value of \$10 will not be accepted.

- Skip the queue and order your ice-blocks on the Qkr! app. If your child has ordered an ice block on Qkr!, they will need to bring back their brown paper bag to the tuckshop at playtime, but get to jump in the 'fast lane' to receive their ice block.

### ABSENCES & REFUNDS

#### Absences/Home Early/Sick

- If your child has ordered tuckshop and is away or has gone home early/sick, please let the tuckshop know straight away and/or collect your tuckshop before going home. No refunds or credits will be accepted if the tuckshop has not been promptly informed of your child's absence and/or fresh food has already been prepared.

#### Qkr! Refunds

- The cut-off time for orders is 8.30 am - cancellations must be made before then.

- The tuckshop cannot provide refunds or cancel orders via Qkr! – it must be done by you, the account holder.

- To cancel a lunch order, you will need to follow these steps in the Qkr! app:

> Go into your 'My Receipts' in the top left menu.

> Click on the order you wish to cancel.

> Select the red 'cancel' circle/icon.

> Check which item or order you'd like to cancel.

> Confirm by clicking 'OK'. Qkr! will then credit the amount to your Qkr! account. This amount of credit will be deducted from your next lunch order.



- Save time & order online.
- **Qkr! Orders must be placed by 8.30am each day.**
- Check Qkr! for current specials.



# Summer menu - Term 1 2025

Open Tuesday to Friday from 8:15am



## DIETARY REQUIRMENTS

GF = Gluten Free V = Vegetarian  
HM = Homemade HV = Hidden Veg

## EXTRAS

\*Sauce \$0.40  
(BBQ or tomato)

For specific dietary questions, please contact the tuckshop.

## BREAKFAST

Available from 8:15 to 8:45 only.

Fresh Fruit	\$1.00
Frozen Fruit x 3 (orange wedges or pineapple pieces)	\$1.00
Boiled Egg	\$1.00
Vegemite/Jam Toast (1 slice)	\$1.50
Raisin Toast (1 slice)	\$2.00
Yoghurt Tub GF (mango swirl, strawberry swirl or vanilla)	\$2.00
add granola	\$0.50
Two Fruits in Juice	\$2.00
Custard GF	\$2.00
Muffin of the Week HM	\$2.00
Milo (hot or cold)	\$2.00



## DAILY SPECIALS

TUESDAY	3 x Chicken Nuggets GF option	\$3.00
	Cheeseburger GF option	\$6.00
	Chicken Schnitzel Burger	\$7.00
	Hamburger with Salad GF option	\$7.00
WEDNESDAY	Hot Dog (skinless frankfurt & sauce)	\$4.50
	Hot Dog with Cheese	\$5.00
THURSDAY	Teriyaki Chicken Rice Bowl	\$8.50
	Teriyaki Tuna Rice Bowl	\$8.50
	Falafel Rice Bowl v	\$8.50
FRIDAY	Sausage Roll *	\$4.00
	Traveller Beef Pie *	\$4.50
	Spinach & Ricotta 'Sausage' Roll V	\$5.00

**OR make it a meal  
(with snack and drink) for \$4 more!**  
See Qkr! for snack and drink options.



## HOT FOOD

Ham & Cheese Muffins HM	\$2.50
PIZZA (tropical or BBQ) HM	\$4.50
Butter Chicken GF HM HV GF	\$4.50
Pasta Bolognese HM HV	\$4.50
Mac & Cheese v HM HV	\$4.50
Corn & Zucchini Slice GF V HM	\$4.50
Chicken Tender Wrap	\$7.00

## DRINKS

Water 600ml	\$1.50
Plain Milk	\$2.00
Juice Popper (apple, tropical or apple/ blackcurrant)	\$2.50
Milk Popper (chocolate, strawberry or vanilla)	\$2.50

## SANDWICHES & SALADS

### Fresh Sandwiches/Toasties

Vegemite or Jam	\$2.50
Cheese v	\$3.00
Ham & Cheese	\$4.20
Egg & Lettuce with Mayo v	\$4.50
Ham, Cheese & Tomato	\$4.70
Salad v (lettuce, tomato, carrot, cucumber, cheese & mayo)	\$5.50
Meat & Salad (ham or chicken)	\$6.50
(+ Gluten Free Bread)	\$1.00

### Fresh Wraps/Salad Bowls

Salad vGF (lettuce, tomato, carrot, cucumber, cheese & egg)	\$6.00
Ham/Chicken/Tuna, & Salad half \$4.50 or full \$7.00	

(+ choice of salad dressings)  
See Qkr! for other salad specials...

### Toasted Flat Breads (Quesadillas)

Ham & Cheese with Sundried Tomato Pesto HM	\$5.50
Chicken & Cheese with Aioli HM	\$6.00



## HEALTHY SNACKS

Boiled Egg	\$1.00
Slinky Apple	\$1.00
Frozen Fruit x 3 (orange wedges or pineapple pieces)	\$1.00
Vegie Sticks (carrot/cucumber)	\$1.00
Popcorn GF	\$1.00
Rice Crackers & Cheese GF	\$2.00
Yoghurt Tub GF (mango swirl, strawberry swirl or vanilla)	\$2.00
Two Fruits in Juice	\$2.00



## TREATS

Frozen Fruit x 3 (orange wedges or pineapple pieces)	\$1.00
Swing Lemonade Ice-Block	\$1.50
Sour Popz Ice-Block (watermelon, grape or apple)	\$1.80
Swing Milk Ice-Block (strawberry or chocolate)	\$2.00
Frozen Yoghurt (strawberry or mango)	\$2.50
Slushie	\$2.50
Gingerbread Student GF option	\$2.50
Custard GF	\$2.00

## BIRTHDAY BUCKETS \$15

Class set of ice-blocks or popcorn and birthday gift (gingerbread student + balloon) delivered to the birthday student's classroom/or picked up just before break time.

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