

Number 24 Thursday 4th August, 2016

Keeping In Touch...



NAPLAN: The Good News Story

Our NAPLAN data is back and certainly a story to celebrate. In Year 3 98% of our students are achieving at or above the National Minimum Standard in all areas, whilst Year 5 is showing significant improvement especially in Writing.

These results have been achieved by extremely hard working and focussed teachers in classrooms and learning support. I compliment them for their fine efforts and results.

Choir And Instrumental Eisteddfods

The Senior Choir is off to Gympie on Thursday for the Gympie Eisteddfod. On Monday we have both choirs competing at the Maryborough Eisteddfod, the junior in the morning and senior in the afternoon.

Monday night sees our Senior Choir competing again in Maryborough. On Wednesday our instrumental students are travelling to Maryborough. Parents are invited to support our musicians at all of these performances.

FREE DRESS – Friday 5th August

Students are asked to support the Dunga Derby by dressing as a superhero (or regular free dress) and bring along a gold coin donation.

Book Week Parade

Wednesday 17th August will see us all participate in the parade. I am hearing lots of exciting ideas for costumes as I travel around the school. This is a great opportunity for parents to discuss books with their children that align with the theme of 'Australia'

Story Country'. I'm guessing we will see a plethora of swagmen and jillaroos, but how many bunyips and magic puddins' will turn up.

The parades held in the School Hall are always a lot of fun and I invite all parents to come and support their children.

Years 4 - 6 are on at 9:30am

Years P - 3 are on at 11:45am

See you there!

Playground Equipment

Students are aware that our playground equipment is not to be used before or after school. Could parents please be vigilant and ask their children not to play on the equipment at these times?

How are you achieving excellence?

"I've missed more than 9000 shots in my career. I've lost almost 300 games. 26 times, I've been trusted to take the game winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed."

— **Michael Jordan**

Excellence is no accident. As we head into the Olympic Games, hundreds of Australians are going there seeking their dream of Olympic gold. Few will achieve it. They have put years of practice and competition into becoming the best athlete they can possibly be.

Personally, whilst I like to see the reaction of the winners, I am more interested in the grace and dignity shown by those who come second or third. It is in their reaction that we see the true strength and character of the individual. All through our lives we will experience success and failure. It's how we deal with those times that is of significance.

Simon Boss-Walker
Principal

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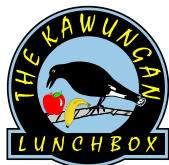
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Helping Each Other Achieve Excellence

P&C NEWS
Kawungan
Lunchbox News



"Helping each other to achieve healthiness"

THE LUNCHBOX

Open Tuesday – Friday;
EFTPOS available.

Thank you everyone that orders through the Lunchbox. On those crazy days when there's not enough bread or fresh fruit or you just want to treat the kids, keep us in mind and make your life easier by placing an order. Lots of healthy and fun choices as well as gluten free options. Looking for ways to help out in the school? Pop in and see our lovely Lunchbox ladies and lend a hand. Choose from food prep, cleaning, serving the children, stocking the shelves, the list goes on. Have a cuppa and something to eat on us as a thank you for your help. We would love to have you on board.

FACEBOOK FETE INFORMATION

Find out everything you need to know about the fete in the coming weeks on the school facebook site under 'Events'. 'LIKE' and 'SHARE' so the whole community can come and support us and join us on this super exciting day.

FETE STALLS

Interested in having a stall or know of someone that is? Simply leave your details in the red chatterbox in the office or contact us on pandc@kawunganss.eq.edu.au Spaces are filling fast so hurry to get your site booked ☺

FETE DONATIONS

Please help make this fete a success by donating items for stall prizes from your class teachers' lists or general donations (that can be dropped in to the office, Uniform Shop, Lunchbox or Parent Cafe).

Do you have a business or work for someone that may like to make a contribution towards our monster raffle? Please spread the word. No donation is too small. Thank you to those that have already donated.

TRASH AND TREASURE

Next time you clean out your house please think of donating some items towards our Trash and Treasure stall. Clothes and knick knacks are happily accepted. Plastic shopping bags and hangers are also needed.

WHAT CAN I DO FOR THE FETE?

Next week a form will go home suggesting ways you can help. Please take the time to read it. We look forward to a flood of responses volunteering your time and smiley faces at our fete. Thank you in advance.

NEXT P AND C MEETING

There will not be a P & C meeting for the month of August. Next meeting will be Monday 12th September in the library at 6:30pm. All welcome.

NEXT FETE MEETING

Monday 8th August at 6:30pm in the P & C room. (Mod 8) Park in Honeysuckle Street and walk up past the bike racks and you will see the lights on...or hear us first ☺ Thank you to those that have gone above and beyond

helping out with this huge fundraiser, we would be lost without you! All welcome.

UNIFORM SHOP TIMES HAVE CHANGED

We are now open Monday and Thursday morning 8:30-9:30pm and Wednesday 2:30-3:30pm.

EFTPOS available.

PARENT CAFE

There will NOT be a Parent Cafe this Friday 6th August. Thank you to the new and regular faces who join us and help with P & C tasks. It's a fun and positive energy and always lots of laughs. We look forward to seeing you next week Friday 13th. We will put the kettle on. All welcome!

KOALA JOEYS PLAYGROUP

Playgroup is run from 9-10.30am on Wednesdays for 0-4 year olds. Come along and have some fun.

INTERVIEW TIMES

can now be booked for Prep Enrolment in 2017

Interviews will be on 17th October, please see office to book a time.

Enrolment forms can be collected from the office for 2017 prep students. The open days in Prep are:

9am - 10.30am

Saturday 20th August

Friday 9th September

Wednesday 2nd Nov

ICAN Play

Wednesday afternoons from 3-4pm. This is a free event and we encourage all students to come and participate in the 5 sports offered this term. Hope to see you there.

**Principal's Awards:
"Being An
Enthusiastic Learner"**

PrepK	Jordan, Sophia
PrepA	Logan, Jasmine
PrepW	Scarlett, Riley, Tennessee
PrepU	Riley, Jaydah
PrepN	Charlotte, Brycin
PrepG	Holly, Eden
1K	Dylan, Skye
1A	Elke, Linc
1W	Cameron, Samantha
1U	Harlan, Fedor
1N	Shakita, Clarissa
2K	Braydon, Matilda
2A	Tarj, Emily
2W	Monique, Georgia
2U	Alex, Tracy
2N	Jett, Yuga
3K	Aidan, Tiarnie
3A	Jasmine, Tiyrone
3W	Liam, Lochlen
3U	Lara, Kai
3N	Chlesea, Max
3G	Boston, Dylan
4K	Cheyenne, Harley
4A	Inge, Cohen
4W	Lachlan, Mac
4U	Isaac, Hugh
4N	Ava, Caitlin
5K	Erin, Brayden
5A	Karisma, Millie
5W	Oska, Mia
5N	Charisma, Sean
6K	Brooke, Ella
6A	Zoe, Macklin
6W	Hannah, Brodie
6U	Ava, Hunter
6N	Laura, Isabel

**FIND KAWUNGAN
SS ON FACEBOOK:**



**HERVEY BAY
SURF LIFE
SAVING CLUB
2016-2017
SEASON**

**Sign On and
Free Sausage
Sizzle:**

Saturday 20th August from 2pm to 4pm at the Club House.

Sunday 21st August from 9am to 11am at the Club House.

Birth certificates must be sighted for all new members under the age of 18 years.

Cost: Junior (U18) \$90

Adults and family memberships available.

Pool Swim

28th August @ Hervey Bay Aquatic Centre Boundary Rd.

10.00am – Under 8 / 9

10.30am – Under 10 / 11 & 12

11.00am – Under 13 / 14 / 15 & cadets

If you miss this day you will be required to get a pool swim certificate from the registrar, complete the appropriate pool swim & have it signed off by a registered Level 1 swim coach before participating in any water activities.

Nippers Start

18th September 9am To 11am.

It is a requirement of SLSA that every club member must wear their club cap during junior activities, a pink rash vest must be worn in water based activities.

Uniforms are available for purchase from the Uniform Officer (behind the bar on Sunday mornings).

**18th & 25th SEPTEMBER ARE OUR
FREE COME & TRY DAYS
SEE YOU THERE!**

For All Enquiries Email:
secretary@herveybaysurfclub.com.au

NATIONAL ASTHMA WEEK 1-7

SEPTEMBER: The theme for National Asthma Week 2016 is Become a Better Breather. National Asthma Week coincides with the beginning of spring and as pollens are a known trigger for

asthma, this is an excellent time to ensure your child's asthma is well controlled. Sections of the Asthma Australia website that can help with asthma management include,

- Take the Asthma Control Test to see if you could make improvements to help your child become a better breather.
- Manage allergies often linked with asthma, including allergic rhinitis (hayfever).
- 90% of people with asthma use their medications incorrectly. Check your child's technique to see if they are getting full benefit from their medication.

Regular review of your child's asthma with your GP and pharmacist will help them to become a better breather.

Need help with your child's asthma? Contact our Asthma Assist line on 1800 ASTHMA (1800 278 462) and talk to one of our friendly Asthma Health Professionals.

Here are a few tips for parents and carers:

- Make an annual appointment for an asthma review by your child's doctor.
- Update your child's Asthma Plan at the start of each year and provide a copy to the school.
- Talk to the teacher and other key staff about your child's asthma – their usual triggers, symptoms and medication.
- Provide an in-date blue reliever puffer and spacer for use at school (clearly labelled with child's name and date of birth).
- Help your child understand the importance of taking their preventer medication every day, as prescribed.
- Ask their doctor about having a flu vaccination
- Encourage hand washing and covering one's mouth when coughing to help prevent the spread of germs.

School sports and asthma:

Physical activity acts as a major trigger in up to 90% of people with asthma. Exercise Induced Bronchoconstriction (EIB), commonly known as exercise induced asthma, is the temporary narrowing of the lower airways, occurring after vigorous exercise. People with poorly controlled asthma are at a higher risk of EIB due to the sensitive nature of their airways. This may result in episodes of coughing, wheezing, a feeling of chest tightness/discomfort or shortness of breath, often worsening 5-10 minutes after exercise.

To ensure your child can safely participate in sports and exercise at school, the first step is to make sure their asthma is well controlled. If your child is requiring their reliever medication more than twice a week, it is a good idea to see their GP for a review as this may indicate poorly controlled asthma. Also provide the school with an Asthma Plan from the doctor, particularly before a sport carnival or excursion. The plan will include any instructions for EIB (e.g. use of their asthma reliever prior to physical activity). You can help them check that they are using their asthma devices correctly by watching our videos on the Asthma Australia website.

Asthma app:

The new Asthma Australia asthma app brings together a raft of resources in one convenient place to help you ensure your child's asthma is managed as well as possible. Sections include information on medications, device technique videos and Asthma First Aid in an emergency. The app is free at the iTunes store (Android coming soon).

Asthma Kids

Looking for a way to help your child understand more about their asthma or about a friend with asthma? Asthma Kids is an online, interactive tool to help primary school aged children understand what it's like to have asthma and what they can do to help. Check it out at www.asthmakids.org.au